



# HIGHLINE

## HIGHLINE MTB PARK SAFETY & RULES

Mountain Bike PARK Safety is the number one priority at HIGHLINE. Like any sport, Action Sports (BMX, Skate, Scooters etc) carries a risk of injury, and that's why we ask all participants to read these tips (they are included in the waiver form too), and take the appropriate safety precautions at all times!

By following these basic tips, you'll have a much better chance of staying safe in our Bike park – and any other:

### RIDE SAFE TIPS

Everyone has the responsibility to RIDE SAFE in the park – look out for yourselves and your friends so everyone can have fun.

#### 1. WEAR YOUR HELMET.

Whenever you are riding (in our Park or anywhere else!) – you should have your helmet on. Helmets should be firm fitting, and sit just above your eyebrows – with the strap secured under your chin. If you have a question about helmets – please ask our staff. We also recommend you wear other appropriate safety gear – knee pads, elbow pads, mouth guard, wrist guards, ankle braces and gloves.

#### 2. LOOK BEFORE YOU RIDE.

It's like a road, but with more options – just like you don't cross a road without looking, you shouldn't start riding without looking left to right, front to back first.

#### 3. TAKE SHORT TURNS & RETURN TO THE START.

Short turns make sure everyone gets a go and helps other riders keep track of where you are in the park. Riding predictably by returning to where you started from also helps everyone know when you've finished your run.



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## 6. RIDE TO YOUR ABILITY.

It's not a race or a competition. Ride within your limits and progress at your own pace, as you feel comfortable. Most injuries occur when you try to rush something or learn something that is a bit beyond your current level.

***Remember - Everyone has the same rights to use the park. Respect all the users, and you'll get the same in return!***

If you have any questions about Safety, please ask our Staff.

If you see someone get hurt or needing help, or, if you see any damage to ramps, REPORT IT TO STAFF IMMEDIATELY.

Please note, that HIGHLINE is NOT fully supervised (just like riding at any bike park). We always have staff onsite ready to assist you and there are supervised Coaching Clinics available ask staff about details.

## HIGHLINE MTB PARK RULES

When riding at Highline, it's very important that you follow the rules of the park. These are there to keep you (and everyone else) safe when you're shredding!

1. All Participants must complete and sign a wavier before they enter the park.
2. All Participants must wear a helmet, appropriate clothing and closed in shoes while riding.
3. Any Spectators who enter the park for any reason do so at their own risk. Spectators MUST stay out of the way of participants at all times, and they must stand clear of all ramps. When walking on ramps you must take great care as they may be slippery underfoot. When crossing the park, you must watch carefully for participants from all directions.
4. All food, drink containers or glass containers of any kind are to be taken out of the park. Take rubbish home.



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5. No illegal substances are permitted on the premises. Smoking is prohibited at the park.
6. No tagging, graffiti, placement of stickers or littering will be tolerated in the Park.
7. Children under 10 must be accompanied by an adult or suitable guardian at all times in the park.
8. Profanity and abusive behaviour towards other participants, staff or spectators will not be tolerated.
9. All Participants and attendees must follow instructions from Highline Staff at all times.
10. Participants are not to attempt any tricks that would endanger other participants, staff or spectators.
11. Participants are not to attempt any jump that takes them outside the designated course area.
12. Participants are not to attempt any trick that is beyond their ability.
13. Only signed in participants can ride Highline facility
14. All bikes must be safe have Bar-Ends to protect the ramps, themselves and other participants.
15. Causing deliberate damage to the ramps, or causing damage through any non-riding related activity (throwing bikes in anger) will not be tolerated and the participant will be liable to repair the damage.
16. Any damage observed to the Park MUST be reported to Highline Staff immediately.
17. Any accident or injury MUST be reported to Highline staff immediately.
18. Participants are not to deliberately drop in on or "snake" another participant on the course.
19. You are responsible for the safety of your own equipment at all times within the park. We are in no way responsible for damage to bikes, scooters, cameras etc.
20. Do not ride while holding a camera or any other piece of equipment.
21. Participants MUST stay on their bike at all times. No sliding, running, climbing etc on ramps.
22. NO bullying will be tolerated in the park – towards anyone.



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## AIR BAG RULES

1. Only participants signed in, using sporting equipment are permitted to use the airbag. No free jumping or alternate use will be permitted.
2. Always wear a helmet and protective equipment to maximise safety.
3. Mouth guards are highly recommended when jumping on airbag
4. Wait until airbag is totally clear before you begin your jump.
5. Exit airbag area as quickly as possible and move off ramp.
6. No standing in or around airbag to take pictures or videos.
7. Only one person at a time to ride the airbag
8. Do not throw your bike as this can cause serious injury to yourself or others.
9. Take turns to jump on to the airbag and report any person who pushes in or doesn't follow the rules.

***Always ride to your ability and do not attempt tricks beyond your skill level.***

Respect others, and share the space – everyone has the right to have fun here.

*Failure to follow these rules may result in you being asked to leave the park (no refund offered), and repeated breaches may result in bans from Highline and any of our affiliated organisations.*